

Reduced Sugar Blueberry Muffin

PERMISSIBLE INDULGENCE



75%
Reduced
Sugar

2 grams
Dietary
Fiber

11 grams
Allulose

5 grams
Protein

Featured Ingredients

Batory Sweet Essentials™ B-TRU Sweetener Blend

Cargill Purified Sea Salt, granular

Benefits

Taste and functions like sugar; ease of formulation; moisture retention; contributes to structure; clean labeling

Made Naturally with Sun, Wind and Time®; enhance flavor; contributes to natural preservation (i.e. shelf life)

^Full Sugar Comparison: Calories 347; 9g Total Fat; 11g Saturated Fat; 7g Trans Fat; 29mg Cholesterol; 404mg Sodium; 58g Total Carbohydrates; 2g Dietary Fiber; 33g Total Sugar; 27g Added Sugar; 5g Protein

Ingredient Statement

Milk, **B-TRU Sweetener Blend (erythritol, allulose stevia extract)**, Unbleached enriched wheat flour (niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), Butter, Freeze Dried Blueberries, Blueberry Fruit Powder, Egg White Powder, Baking Powder, Baking Soda, Vanilla Powder, **Sea Salt**, Citrus Fiber, Xanthan Gum.

*Contains: Dairy, Wheat, and Eggs

Like what you read in the ingredient statement?
Contact www.batoryfoods.com regarding any bold ingredients listed

Nutrition Facts	
Serving size	1 muffin (110g)
Amount Per Serving	
Calories	260
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 400mg	17%
Total Carbohydrate 58g	21%
Dietary Fiber 2g	7%
Total Sugars 8g	
Includes 1g Added Sugars	2%
Sugar Alcohol 15g	
Protein 5g	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

